



5 December 2022

Dear students

UJ looks forward to welcoming you to campus for the 2023 academic year! Our university has been planning for an exciting year with a great teaching and learning experience as you commence your academic journey.

UJ is a **contact learning** university, which means that classes, tutorials, practical sessions, etc. on our dedicated campuses. UJ lecturers will teach you face to face in these classes, and will also provide resources and other facilities **online**, on Blackboard. We use technology in exciting ways to enhance your learning experience. Your experience at UJ will be enhanced as you will have the option to select one or all of the following modules that you can do online at no extra cost to you, and it will be reflected on your academic transcript on completion. The modules are:

- Artificial Intelligence in the Fourth Industrial Revolution
- Introduction to Sustainable Development
- Financial Literacy Be Money Wise
- African Insights

The modules have cutting edge content and it will be to your advantage to complete them.

UJ is here to support your learning in multiple ways.

Our Division for Academic Development and Support is here to support you and has two important resources specifically designed to do this:

- Click on this link: [Find Your Way](#). This site will provide you with all the information you need for your academic and personal journey at UJ.
- Click on this link: [uLink](#) to go to UJ's *single-sign on portal*. This means that you click here and sign in, and all the resources you need are in one place: your Blackboard learning modules, personal timetable and registration information, results for tests and examinations, financial statements, the inter-campus bus schedule, and much more. There are also links to *free software* such as Microsoft Office and UJ services such as the library.

Take time to familiarise yourself with your timetable, your campus, and Blackboard. You will be given additional information by faculty or departments as needed, so make sure to check into [uLink](#) and Blackboard frequently so that you do not fall behind or get confused.

What do I do if I am struggling to cope?

As a student, you may find it stressful. If you need any support or help, whether for stress or because you are anxious, or need academic or other support, please make contact. **Let someone know that you need help.** You are here because you deserve to be! But success at university depends on being able to **keep on trying**, to **make contact** when you need help, and on **staying up to date** with your work.

If you need somebody to talk to, [PsyCaD](#) is there to help. We offer a whole range of services, such as counselling, career advice and preparation, and all our services are free.

- Visit any of the PsyCaD offices on any of our campuses. You do not need to make an appointment. Alternatively, phone any of the offices to request a consultation or make an appointment. Contact numbers may be found on the PsyCaD [website](#).
- You can also send an email to psychservices@uj.ac.za, and one of our Mental Health Professionals will contact you.
- PsyCaD also has a 24 HR Crisis Line and students can call 082 054 1137 when they are in extreme distress or have been exposed to any form of trauma.
- UJ provides support for people with disabilities. If you should need support, you can send an email to disabilityunit@uj.ac.za or contact them on 011 559 3745.

Remember that we will be here during your journey at UJ. We are committed to supporting you through this process and will do what we can to make your studies an enjoyable and positive experience. We look forward to walking this road with you to academic success and hope you take every opportunity to participate in all the activities that collectively make the UJ experience.

UJ has a vaccination policy in place, which can be found on the UJ website. The UJ Council approved the relaxing of some of the Mandatory Vaccination Policy stipulations and Implementation Protocols. Should there be an adverse effect in the risk to our staff, students, and third parties, the University may be required to reinstate the suspended measures.

Let the UJ choir sing you into the next exciting phase with this song: [Nongqawuse!](#) Stay safe over the festive season and rest as you gear up to join us in 2023.

UJ Executive Management